

On the occasion of the celebration of the Golden Rule Day which focus to promote the message of “Treat others the way you want to be treated”

Hereby made this

*Personal Pledge to Live and Act based on the
Golden Rule*

To this effect, I pledge

- ❖ To be the change I want to see in my family, community, country, region and in the world
- ❖ To respect and honor the dignity of all beings
- ❖ To avoid hurtful words, hate speech and discrimination
- ❖ To work at solving problems peacefully
- ❖ To listen carefully to others, especially those who dialogue with me
- ❖ To apologize and make amends when I hurt others
- ❖ To forgive others, and not holding grudges
- ❖ To treat all living things and beings with care
- ❖ To live and act based on the spirit of Ubuntu (I am because of we are) and the teaching of the Golden Rule
- ❖ To support and promote activities which advance a culture of peace, constructive dialogue, interfaith & intercultural harmony, human dignity, reconciliation and unity in diversity
- ❖ To uphold the Universal Declaration Human Rights
- ❖ To commit myself to be compassionate, non-violent and peaceful

MAY PEACE & GOLDEN RULE PREVAIL ON EARTH